

A surreal scene where a woman with a dinosaur head is sitting on a couch, reading a book. She is wearing a white tank top, a patterned skirt, and high-heeled shoes. The room is dimly lit, with a television set in the background showing a dark screen. The overall color palette is dominated by warm, golden-brown and red tones, creating a dramatic and somewhat eerie atmosphere. The text is overlaid on the scene, appearing to be part of a promotional poster or advertisement.

DR. MANDIT
EVERY WAKING MOMENT

DOCTOR, DOCTOR, GIMME THE MINDFLIP

vocals, endless piano, tenor clown horn, 6am accordion

MARK (YOUR HONOUR) O'CONNELL

everybody's-gonna-sing vocals, glistening, slippery, wet lead

AIDAN GET-IN GUILFOYLE

scary vocals, bassmwon, rusty upright, mandolin shredding

MY SWEET, MY DEAR, MY DARRYL O'CONNELL

scarier vocals, master beats, my god they're everywhere rototoms

RIGHT-TURN RICKY

guest vocals on Rootless

Recorded & mixed at Rainwater Studios, Kilbeggan

Mastered at Studio 4045, Maynooth

Produced by Aidan Guilfoyle, Dr. Mindflip, tae and rollies

max**Bloc**





1 *ROOTLESS* 2:32

You can dance, you can move
You can slide, you can groove
If you want to

Rootless, use this form that
You just borrow for a while

You can get your face wet
There's no law against it yet
If you want to
You can spend all your time
In a bottle of wine
If you want to

But you get lost in a screen
Til your insides turn green
And the buds in you sprout
Til the woods seem to shout out your name
It's in vain, cos you've locked up your brain
It's a shame

max**Bloc**



Where's your smile?
Gimme that smile

2 ALL TIME LOW ^{2:27}

My confidence is at an all time low
I can't seem to find my get up and go
While my confidence is oh so low

A laneway of trees
The late summer breeze
No sense of unease in me
You see, my strap muscles grew
Turned into a noose
Pull and it's easy for you to be
Without worry

Misshapen and atrophied positive point of view
It's been an interesting trip to say the least
Now these lovely people I've met have appetites to whet
When you're finished trying to be the ghost at the feast

My confidence was at an all time low

max**Bloc**



Never a truer word spoken, you had to go
I wish I could say 'nice to know you'

3 *TOOK A WALK* 2:46

I took a walk down the other side
To see what I could see
The flowers and trees all started to hide
There's nothing here for me
The squirrels chatter like machine gun fire
And the moisture on my eyeballs started to freeze
Beneath the stones, the dead rattle their bones
But there's nothing here for me

So take a little break from your big mistakes
And live a life, for once, all of your own

Now I turn into a massive lung
And drink up the day
The trees all leap from the soil
And they leave a colossal empty space
Where seasons blend
Reason ends

max**Bloc**



Every corner, a friend
What kind of message is the world sending?
With robins on branches
Conspirators' glances
Hypnotic red trances
And you
I nearly missed you

Yeah take a little break from your bellyache
And live a life, for once, all of your own

4 GREY DAY 3:43

It doesn't matter where you go
Doesn't matter what you see in me
Doesn't matter what you say
It's a grey day to me
The walls laugh at omens past
That silly bastard misery
Is out of tricks but for his last
Throws a grey day at me

The mood slides, you stay inside

max**Bloc**



Your mind churns as day turns to night
And a city of pages lures you in
Well-thumbed amber places welcome you with a grin
You know it's been ages since you've had a drink
Meander and come upon your dusty friends
We'll meet again with hollow souls
The couch swallows you whole

Regurgitated and new
A spectral assembly dance all around you
A surge of red, green and blue
The spectrum resembles the somersault world you knew
When you rubbed your eyes as a child
Son of all things wild
You won't grow today, so there's just no way
You'll know a grey day

max**Bloc**



STALK DR. MINDFLIP ONLINE

<https://drmindflip.bandpage.com>

<http://blocsonic.com/artist/dr-mindflip>

<http://facebook.com/drmindflip>

<http://soundcloud.com/drmindflip>

<http://twitter.com/drmindflip>

<http://youtube.com/drmindflip>

Want to talk gigs, collaborations, press and all that jazz?

info@drmindflip.com

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MINDFLIP THANKS

Dr. Mindflip is toasting a massive gratitude sandwich to fill the bellies of:

Michael Gregoire for his support, talent and amazing work with blocSonic, SndChaser and the Cerebral Rift for the great features, Bitwise Operator for the terrifying remixes, Colin O'Brien for letting us loose on his big instrument, Paul Keegan for his patience and expertise, Media Fortress for the green screen fun, Kenny Smith for his unique artwork, Michele Botticelli for his haunting animations, Mark Mawson for the trippy Sink cover, the Weekly Beats crew for their encouragement and talent, ekayi and James McGlynn for keeping the creative juices flowing, Jamendo Artists Corner for the interview, our psychotic friends and endlessly supportive families for feeding our bodies, brains and craic supply, everybody who got behind us and rallied the troops for our EuroMusic insanity, Bunny-Armstrong Miller (RIP), creators and supporters of Creative Commons media all over the world for revolutionising the gift economy a little more every day, everyone who has grabbed a Mindflip release so far or flung some positive feedback this way, and YOU for getting hold of this release - enjoy.

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SUPPORT THE MINDFLIP

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If you'd like to give something back, there is a magical online 'tip jar' at www.patreon.com/DrMindflip. Supporters get exclusive access to new songs along with a heap of other cool rewards: unreleased recordings, signed album artwork, one-to-one video chats, personalised songwriting, collaborations and in-house gigs.

Even a donation of \$1 will go a long way and help me continue making music like this for you, for free.

Thanks for your support.

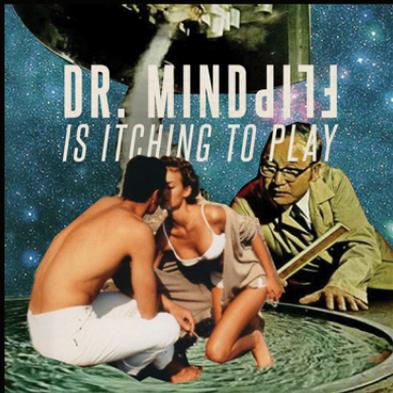
-DRMF

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ALSO AVAILABLE BY **DR. MINDJIT**

(click image to visit release page)



COVER ILLUSTRATION CREDIT

Cover art based upon *Sdvisi* by Kenny Smith:

<http://thesoupcollage.tumblr.com>

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*A VERY SPECIAL THANKS TO THE WHOLE DR. MINDFLIP BAND!
YOU GUYS TURNED OUT A HELL OF AN EP! I WANT MORE!*

- Michael Gregoire, blocSonic

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